

# First Responder Course

## What is a First Responder?

A **First Responder** is an individual who is trained with knowledge and skills to respond to medical or trauma emergency 911 calls. This may be when a neighbour calls for an ambulance, or when an accident in the community occurs, a **First Responder** would attend to the scene first and help out the injured until Paramedics would arrive on scene.

## Who can become a First Responder?

- Anyone with a valid CPR Level "C" HCP (*within 1 year*)
- Over 18 years of age
- Current Criminal Record Check (*within 6 months of course date*)



## How long is the course?

The course is a 40-hour certificate program whose partnership involves Saskatchewan Health and the Canadian Red Cross, which would be instructed at [Moose Jaw and District EMS](#) over 2 weekends:

April 1 <sup>st</sup>	6:00pm - 9:00pm	April 15 <sup>th</sup>	6:00pm - 9:00pm
April 2 <sup>nd</sup>	8:30am - 4:30pm	April 16 <sup>th</sup>	8:30am - 4:30pm
April 3 <sup>rd</sup>	8:30am - 4:30pm	April 17 <sup>th</sup>	8:30am - 4:30pm

## What do you need to do to maintain the certification?

All that is required is to maintain yearly educational requirements such as certain mandatory subjects and CPR C, all of the education is provided throughout the year.

## How do I Register?

To register, or if you have any further questions, please call Angela Sereda at Moose Jaw and District EMS @ 306-694-2151 or email [asereda@moosejawems.ca](mailto:asereda@moosejawems.ca)

